



Policies for Music and Health

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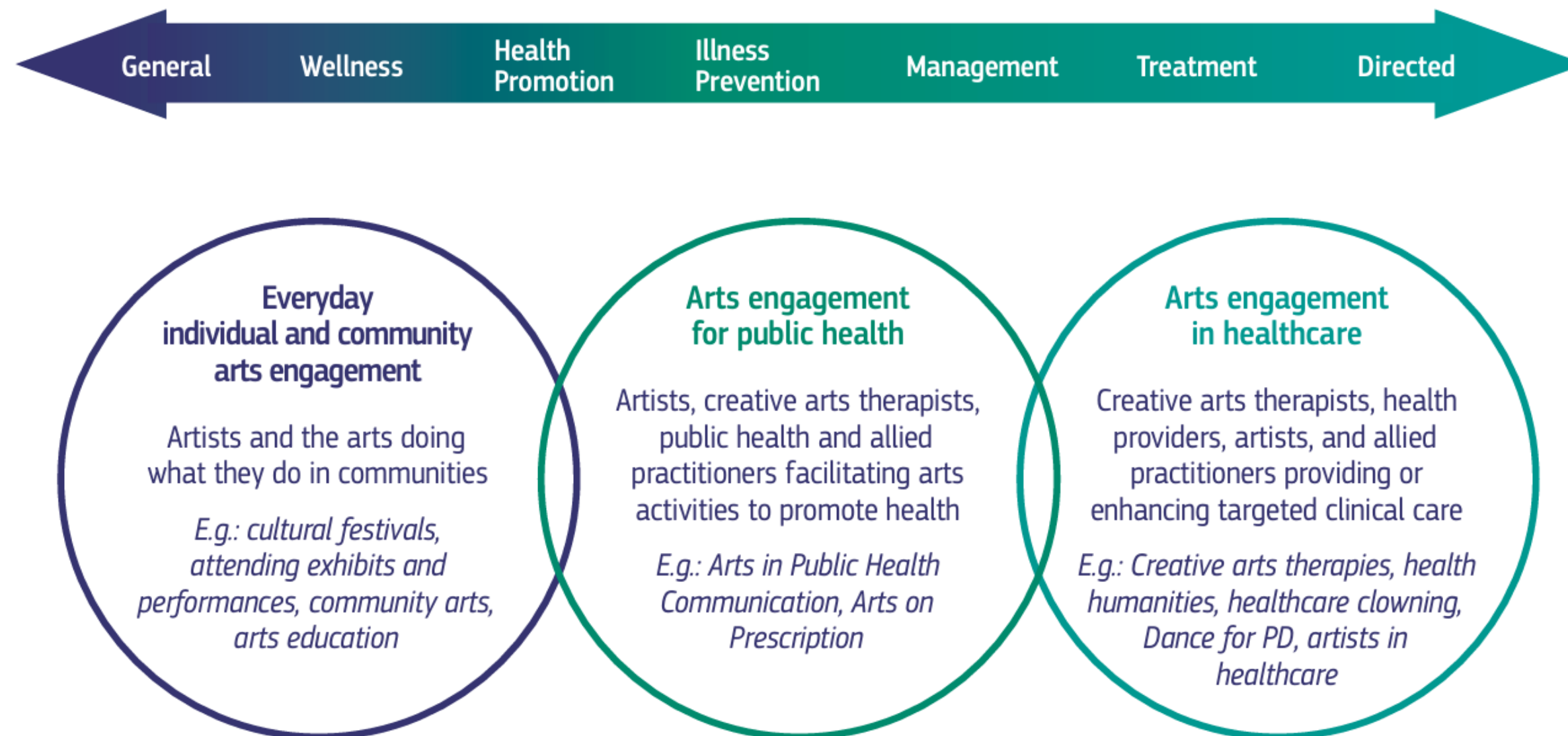


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The arts across a continuum of care



Adapted from © Nisha Sajjani et al. (under review),
“The arts as a global health resource”

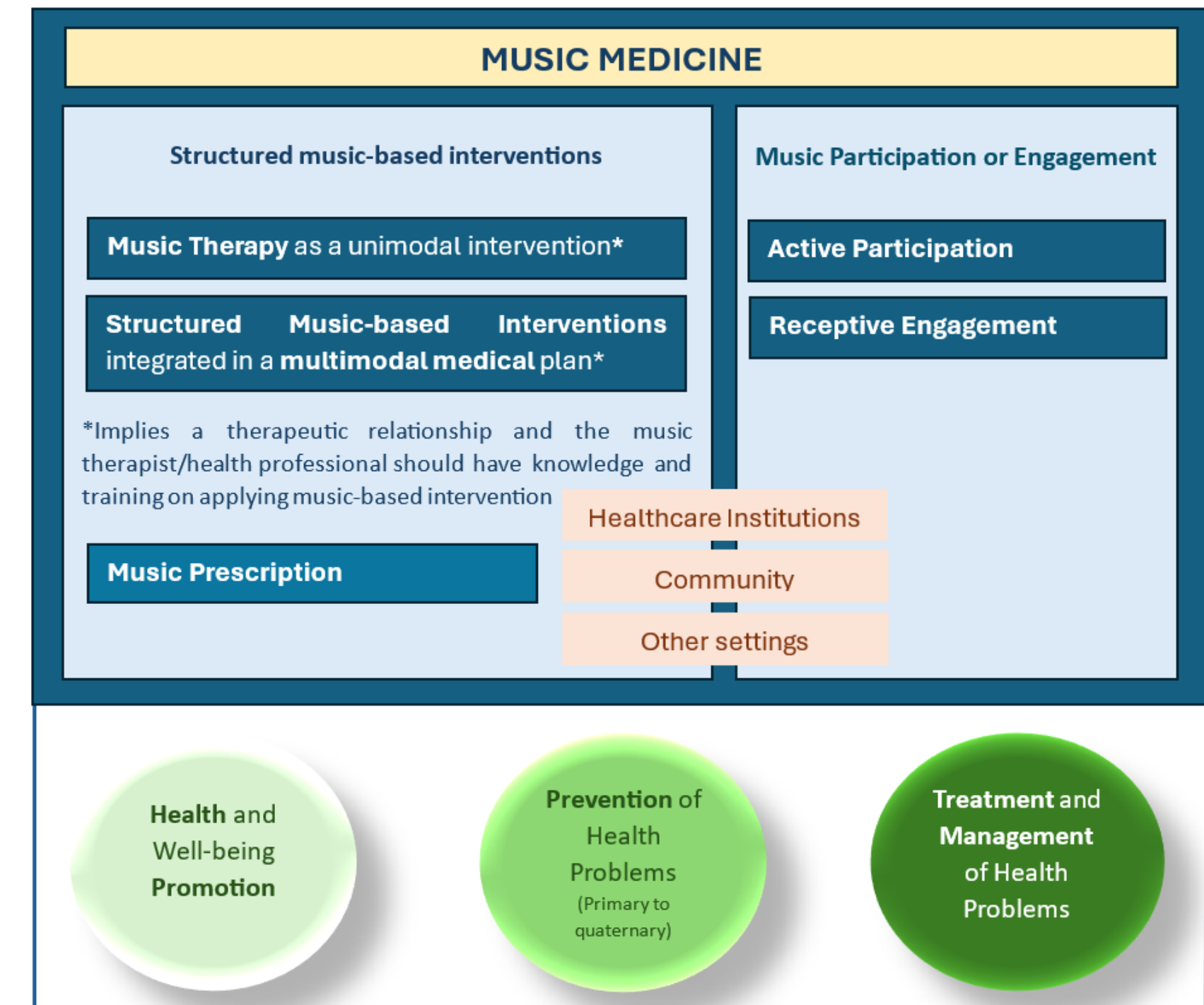


Figure 5.1. Conceptualization of Music Medicine field.



Chapter 4 Art as Medicine: A Person-Centered Approach, from Health Promotion to Prevention and Treatment

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SPRINGER NATURE

Cultural access and engagement → cornerstone of individual and societal wellbeing




EU WORK PLAN FOR CULTURE 2023-2026
Priority B: Culture for the people: enhancing cultural participation and the role of culture in society/ Topic: Culture and health
Open Method of Coordination (OMC)
working group of Member States' experts



- Embedding **culture** and **arts** within **health** and **social policies** and supporting the **sustainability** of the initiatives;
- Promoting **cross-sector collaboration** between **health**, **culture**, **education** and **social sectors**;
- Expanding **access** and **reducing inequalities** in participation;
- Strengthening **cultural prescribing** and referral pathways;
- Ensuring appropriate **monitoring**, **evaluation** and **cross-disciplinary research**
- Developing **training programs**

National Strategy on Health, Culture and Other Contexts



International Center of Arts Medicine



Course Medicine, Music and Mind



Cultural Prescribing Consortium University Porto